

AR
Junction City High School (Junction City School District)
P.O. Box 790
Junction City AR 71749
870-924-4576

Health and Wellness School Improvement Priority

Hint

Section I: School Information

School Name:	Junction City High School
School LEA Number:	7003028

School Year: 2017-2018

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	Junc473102
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Reviewer Comments:

Body Mass Index (BMI)

The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

Description/Conclusion

[Arkansas Center for Health Improvement \(ACHI\) Public School BMI Reports](#)

Grade	Males Percent Overweight/Obese	Females Percent Overweight/Obese
8	41.5	NA
10	72.7	45.2

The 2016-2017 BMI data clearly shows a large percentage of overweight/obese males in the 10th grade. 45.2 % of the females in grade 10 were overweight/obese according to the BMI. Slightly under half of the eighth grade boys were overweight/obese. Overall, for the district, 50.6% males participating in the BMI screening were considered overweight/obese while 40.9% of the girls were considered overweight/obese.

According to SHI, health promotion for staff is the biggest area in need of improvement.

Other health and wellness related data (Optional)

Description/Conclusion

Reviewer Comments:

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {Requirements: see 1 required activity.}

Goal 1 Measurable Objective

The high school will provide coordination and support to create a healthy nutrition environment for students by creating and implementing a health and wellness plan with specific activities targeting health and nutrition.

Goal 1

Activity
Ensure that all students served by the school receive grade appropriate nutrition education. Evidence of goal grade level lesson plans for consumer science, health, and sports medicine will be submitted to the principal In its efforts to improve the school nutrition environment, promote student health, and reduce childhood obesity

to the ADE Rules Governing Nutrition and Physical Activity Standards And Body Mass Index For Age Assessment. Health and PE are required in his coursework.

District and school health/wellness policy is current. HS has a health/wellness advisory committee that create and modifies goals for the high school. The health and wellness team will meet each quarter to review menus to ensure that healthy food choices are being marketed and discuss activities that will be included in the Agendas, minutes and sign in sheets are maintained for documentation. Health and wellness goals are reviewed annually to meet the needs of the students we serve.

Health service program and guidance services provided to all students. Free physicals are provided to students. A health fair is held annually in October for the school employees and students. Extracurricular activities are encouraged.

Implement a grade appropriate nutrition education program that will develop an awareness of and appreciation for nutrition and physical activity throughout the curriculum.

A vegetable garden is planted and harvested by the Agri-classes. Healthy snacks and meals prepared in the school cafeteria. Posters and resources for nutrition are available. Health and wellness information are shared on the district's Facebook, and Twitter. My Plate Education and other USDA resources are available to enhance the health curriculum.

Reviewer Comments:

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {Requirements: see 2 required activities.}

Goal 2 Measurable Objective

The JCHS will create an environment that promotes physical activity and provides quality physical education for students in order to increase the health and wellness of all students.

Goal 2

Activity	Person Responsible	Timeline
Ensure that minimum levels of physical education and physical activity are being provided. Evidence is provided in the master schedule. The PE teachers document standards in weekly lesson plans and submit to the principal.	Joy Mason	2017-2018
Ensure that physical activity is implemented across the curriculum for all grade levels. Spark curriculum used. Kinesthetic learning used across the curriculum to engage students in active learning. Teachers utilize resources to provide "brain breaks".	Joy Mason	2017-2018
Certified PE teachers hired to teach PE.	Joy Mason	2017-2018
The school health and wellness team will monitor and assess progression of the physical activity and physical education goal in order to seek continuous improvement.	Henry Harrell	2017-2018
The high school has various activities promoting physical fitness throughout the year including but not limited to athletics, pep rallies, Hoops for Heart, Coach B 5K, FBLA Relay for Life, and an after hours Teacher Health Club. The gym, weight room, and indoor facility are available for use during school and after school with permission from a supervising school official.	Joy Mason	2017-2018

Reviewer Comments:

Goal 3: How will the LEA provide professional development for school staff on nutrition and physical activity? {Requirements: see 1 required activity.}

Goal 3 Measurable Objective

Provide professional development for staff that includes nutrition and physical activity.

Goal 3

Activity	Person Responsible	Timeline
SPARK training will be attended by the lead PE teacher. Strive to improve the quality of physical education curricula and increase the training of physical education teachers	Henry Harrell	2017-2018
Coaches provide health/wellness training for parents in regards to dehydration and other sports related illnesses/injuries.	Ralph Carpenter Charlie Wardlaw	2017-2018
Professional development for defibrillators, CPR and first aid are given as required.	Michelle Doolin	2017-2018
Special training such as diabetes, hypoglycemia, allergies are provided as needed to meet the individual needs of our students.	Michelle Doolin	2017-2018
Additional training provided as determined by data from the comprehensive needs assessment. In September, Ellen Garrett from ADH presented child abuse and child maltreatment for 2 hours. In addition, Mrs. Garrett provided health and wellness training for the faculty.	Joy Mason	2017-2018

Reviewer Comments:

Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

Reviewer Comments: