

AR
 JUNCTION CITY HIGH SCHOOL (Junction City School District)
 P.O. BOX 790
 JUNCTION CITY AR 71749
 870-924-4576

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Junction City High School
School LEA Name:	Junction City School District

School Year:
2016-2017

Section II: Needs Assessment

School Health Index Assessment

Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:

Reviewer Comments:

Revise to include a check mark in the appropriate box, depending on whether the School Health Index was completed online or on paper.

Revise form to provide a valid School Health Index Reference Number for the 2015-2016 School Health Index. Complete nutrition, physical activity, tobacco, and cross-cutting questions of modules 1-4 and 8 of the School Health Index or upload a copy of the Completed Overall Scorecard and Plan for Improvement to the Indistar Health and Wellness Folder. Complete nutrition, physical activity, tobacco, and cross-cutting questions of modules 1-4 and 8 of the School Health Index.

Body Mass Index (BMI)

The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

Description/Conclusion

Health promotion for the staff is the lowest area on the overall health score card falling in the 61%-80% range. Currently, we do not have programs for staff members for physical activity/fitness. EBD offers guidance resources for members that promote health; however, not all employees are members.

Professional development in health and wellness will be facilitated within the 2016-2017 school year. Scores in the other modules were high, which demonstrates our school has health and wellness strategies in place.

Other health and wellness related data (Optional)

Description/Conclusion

41.5% of males and 47.9% of females in our district are overweight or obese according to the 2015-2016 BMI assessments.

The school will review, modify and strive to attain health and wellness goals in order to reduce the overweight/obesity problem.

Reviewer Comments:

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
In its efforts to improve the school nutrition environment, promote student health, and reduce childhood obesity, the District will adhere to the ADE Rules Governing Nutrition and Physical Activity Standards And Body Mass Index For Age Assessment Protocols.	Joy Mason	annually
District and school health/wellness policies in place.	Joy Mason	annually
HS has a health/wellness advisory committee that creates and modifies goals for the high school.	Justin Thompson	Meet each nine weeks
Health service program and guidance services provided to all students. Health and PE are required in hs coursework.	Kaci Burton/Ellen Lowe	2016-2017
Implement a grade appropriate nutrition education program that will develop an awareness of and appreciation for nutrition and physical activity throughout the curriculum;	Joy Mason	2016-2017

Description

The district health and wellness team will meet each quarter to review menus to ensure that healthy food choices are being marketed. Agendas, minutes and sign in sheets are maintained for documentation. Health and wellness goals are reviewed and modified annually to meet the needs of the students we serve. Goals are listed in the health and wellness policy. **Specific Activities in the HS related to health and wellness:** Information will be provided on an on-going basis to promote health and nutrition via the school website and Facebook. My Plate Education resources will be used to enhance the health curriculum. The high school has various activities promoting physical fitness throughout the year including but not limited to athletics, Hoops for Heart, Coach B 5K, FBLA Relay for Life, and an after hours Teacher Health Club.

Health and nutrition are taught in each grade level.

District Wellness Policy is ASBA model policy that complies with federal and state laws. Policies are reviewed and modified as needed at least annually.

A health services program is available to all students.

Reviewer Comments:

Due to increased federal and state monitoring requirements, a comprehensive response is required. Please provide specific nutrition goals based on the school's need. Provide specific activities/details of how the school will meet each requirement of the goal. Requirements can be viewed by clicking the yellow hint button.

EKG

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Certified PE teachers hired to teach PE.	Joy Mason	2016-2017
Follow the Arkansas Physical Education and Health Education Frameworks in grades K-12	Joy Mason	2016-2017
Encourage students to participate in extracurricular activities	Ellen Lowe	2016-2017
8 period day schedule allows more opportunities for kids to participate in extracurricular activities such as sports, band.	Joy Mason	2016-2017
Enforce existing physical education requirements and engage students in healthy levels of vigorous physical activity;	Joy Mason	2016-2017

Description

The high school will continue to implement a grade appropriate nutrition education program that will develop an awareness of and appreciation for nutrition and physical activity throughout the curriculum. Enforce existing physical education requirements and engage students in healthy levels of vigorous physical activity. Strive to improve the quality of physical education curricula and increase the training of physical education teachers. Follow the Arkansas Physical Education and Health Education Frameworks in grades K-12. Athletics are encouraged. Some

specific activities include the Coach B 5K Run, FBLA participates in Relay for Life, health and pe classes daily, Teacher Health Club for after hours fitness. The gym, weight room and indoor facility are available for use during school and after school with permission from a supervising school official.

Reviewer Comments:

Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture? **[HINT: see 1 required activity.]**

Activity	Person Responsible	Timeline
Coaches provide health/wellness training for parents in regards to dehydration and other sports related illnesses.	Coach Carpenter	2016-2017
Professional development for defibrillators, CPR and first aid are given as required.	Kaci Burton	2016-2017
Special training such as diabetes, hypoglycemia, allergies are provided as needed to meet the individual needs of our students.	Kaci Burton	2016-2017
Strive to improve the quality of physical education curricula and increase the training of physical education teachers	Joy Mason	2016-2017
Additional training provided as determined by data from the comprehensive needs assessment.	Joy Mason	2016-2017

Description

Professional development is provided annually based on the health/wellness needs of the students and staff at JCHS. Some professional development is on campus; however, there are trainings provided by Arkansas Athletics, South Central Cooperatives and other professional organizations that teachers participate in staying abreast of the current trends and research related to health and wellness. These lead teachers share this information with the stakeholders. The school website and Facebook page are updated with various health and wellness information and videos provide another option for resources for teachers. My Plate Education is utilized in the school for supplemental resources for all stakeholders.

Reviewer Comments:

Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?

Activity	Person Responsible	Timeline

Description

Reviewer Comments:

Reviewer Response:

Reviewer Comments: