

Junction City School District
Health and Wellness

The health and physical well-being of students directly affects their ability to learn. Childhood obesity increases the incidence of adult diseases occurring in children and adolescents such as heart disease, high blood pressure and diabetes. The increased risk carries forward into their adulthood. Research indicates that a healthy diet and regular physical activity can help prevent obesity and the diseases resulting from it. It is understood that the eating habits and exercise patterns of students cannot be magically changed overnight, but at the same time, the Board of Directors believes it is necessary to strive to create a culture in our schools that consistently promotes good nutrition and physical activity.

The problem of obesity and inactivity is a public health issue. The Board of Directors is keenly aware that it has taken years for this problem to reach its present level and will similarly take years to correct. The responsibility for addressing the problem lies not only with the schools and the Arkansas Department of Education (ADE), but with the community and its residents, organizations and agencies. Therefore, the District shall enlist the support of the larger community to find solutions that improve the health and physical activity of our students.

Annually, the district forms a School Nutrition and Physical Activity Advisory Committee (SNPAAC), which develops, implements, and periodically reviews the district wellness policy. The SNPAAC will meet quarterly. Dates for the SNPAAC are on the District’s calendar. District meetings are in the Special Programs Meeting Room. School Committee meeting locations are announced on the respective school’s calendar on the website. Parents, community members, teachers, students, and other stakeholders are welcome to district and school meetings.

District Health and Wellness Committee 2017-2018	High School Health and Wellness Committee 2017-2018	Elementary Health and Wellness Committee 2017-2018
Rebekah West District Level School Health Coordinator westr@jcdragons.k12.ar.us 870-924-4060	Henry Harrell High School Health Coordinator harrellh@jcdragons.k12.ar.us 870-924-4576	Jerry Stegall Elementary School Health Coordinator stegallj@jcdragons.k12.ar.us 870-924-4578
Michelle Doolin	Charles Wardlaw	Emily Tripple
William Lowe	Libby Nepivoda	Laurie Mayfield
Donna McLelland	Linda Rainwater	Laura Kinard
Jerry Stegall	Callie Eckhoff	Videssa Owens
Sharon Hill	Hannah Smith	Wendy Sims
Daquann Ford	Shanna Noble	Martha Henley
Allison Temple	Daquann Ford	Taylen Owens
Henry Harrell	Joy Mason	Teresa Matochik
Billy Smith, School Board Mbr		

On April 11, 2017 at 8:30am the district SNPACC reviewed the Wellness Policy and determined the policy needed revised to meet federal and state statutes. The committee members used information and checklists provided in the Commissioner's Memo CNU-17-038 (Wellness Policies: Meeting the Requirements of the Triennial Assessment). The district committee read and discussed the Arkansas School Board Association's (ASBA) model policy 5.29 Wellness Policy. The superintendent was present at the meeting. Two-thirds of the committee members were present at the meeting. The ASBA model policy, 5.29 Wellness Policy, was adopted by the Junction City School Board on July 6, 2017.