

AR  
 JUNCTION CITY ELEM SCHOOL (Junction City School District)  
 P.O. BOX 790  
 JUNCTION CITY AR 71749  
 870-924-4578

### Health and Wellness School Improvement Priority

#### Section I: School Information

<b>School Name:</b>	Junction City Elementary School
<b>School LEA Name:</b>	Junction City School District

**School Year:**  
2016-2017

#### Section II: Needs Assessment

##### School Health Index Assessment

Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online you must provide a Reference Number.

**Reference Number:**

##### Reviewer Comments:

Revise to include a check mark in the appropriate box, depending on whether the School Health Index was completed online or on paper.

Revise form to provide a valid School Health Index Reference Number for the 2015-2016 School Health Index. Complete nutrition, physical activity, tobacco, and cross-cutting questions of modules 1-4 and 8 of the School Health Index or upload a copy of the Completed Overall Scorecard and Plan for Improvement to the Indistar Health and Wellness Folder. Complete nutrition, physical activity, tobacco, and cross-cutting questions of modules 1-4 and 8 of the School Health Index.

##### Body Mass Index (BMI)

**The school can verify the analysis of the School Level Body Mass Index screening data conclusions.**

##### Description/Conclusion

41.5% of males and 47.9% of females in our district are overweight or obese according to the 2015-2016 BMI assessments.

The school will review, modify and strive to attain health and wellness goals in order to reduce the overweight/obesity problem.

##### Other health and wellness related data (Optional)

##### Description/Conclusion

##### Reviewer Comments:

#### Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

**Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students?** {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
The district health and wellness team will meet each quarter to review menus to ensure that healthy food choices are being marketed.	Rebekah West	2016-2017

Health and nutrition are taught in each grade level.	Teresa Matochik	2016-2017
District Wellness Policy is ASBA model policy that complies with federal and state laws.	William R. Lowe	2016-2017
Health and wellness goals are reviewed and modified annually to meet the needs of the students we serve.	Rebekah West	2016-2017
Health Service Program is provided to all students.	Kaci Burton	2016-2017

**Description**

The district health and wellness team will meet each quarter to review menus to ensure that healthy food choices are being marketed. Agendas, minutes and sign in sheets are maintained for documentation. Health and wellness goals are reviewed and modified annually to meet the needs of the students we serve.

Health and nutrition are taught in each grade level.

District Wellness Policy is ASBA model policy that complies with federal and state laws. Policies are reviewed and modified as needed at least annually.

A health services program is available to all students.

**Reviewer Comments:**

Due to increased federal and state monitoring requirements, a comprehensive response is required. Please provide specific nutrition goals based on the school's need. Provide specific activities/details of how the school will meet each requirement of the goal. Requirements can be viewed by clicking the yellow hint button.

EKG

**Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {HINT: see 3 required activities.}**

Activity	Person Responsible	Timeline
Physical activity is implemented across the curriculum for all grade levels. Students have one period of physical education per week with additional physical activity daily to meet standards.	Teresa Matochik	2016-2017
Wellness policy is updated annually as needed per the School Board.	Robby Lowe	2016-2017
K-6 Hoops for Hearts with 3 challenges: Go Wild for Water, Eat Smart, Keep Moving. 4th Grade Tomato Project through Union County Extension Office. In addition, students in grade 6 create powerpoints and videos of healthy snack recipes and share on social media.	Emily Tripple	2016-2017
My Plate Education is utilized to teach nutrition in Grades K-6. The science teachers are responsible for teaching the health/wellness frameworks.	Teresa Matochik	2016-2017
Health services available.	Kaci Burton	2016-2017

**Description**

Physical activity is implemented across the curriculum for all grade levels. Students have one period of physical education per week with additional physical activity daily to meet standards.

The elementary participates in various activities related to improving health and wellness. Examples of activities include but are not limited to: Kindergarten attends play on Tilly the Tooth, K-6 participate in Field Day, 4th Grade Tomato Project through Union County Extension Office, K-6 Hoops for Hearts with 3 challenges: Go Wild for Water, Eat Smart, Keep Moving. My Plate Education is utilized in Grades K-6. In addition, students in grade 6 create powerpoints and videos of healthy snack recipes and share on social media. Nutrition and wellness information are shared via the school website and facebook. Health services available. Wellness policy is updated annually as needed per the School Board.

**Reviewer Comments:**

Due to increased federal and state monitoring requirements, a comprehensive response is required. Please provide specific physical activity goals based on the

school's need. Provide specific activities/details of how the school will meet each requirement of the goal. Requirements can be viewed by clicking the yellow hint button.

EKG

**Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture?** {HINT: see 1 required activity.}

Activity	Person Responsible	Timeline
Professional development is provided annually for health/wellness.	Kaci Burton	2016-2017
A diverse group of employees are trained and certified for CPR as required.	Kaci Burton	2016-2017
Inservice is provided throughout the year as needed to address specific, special health/wellness needs of the faculty/students.	Kaci Burton	2016-2017
Training is provided for teachers to utilize My Plate Education curriculum and materials.	Teresa Matochik	2016-2018
Inservice on programs available through AR Benefits such as health coaching.	Kaci Burton	2016-2018

**Description**

Professional development is provided annually to all faculty and staff in order to meet the health/wellness needs of our students. The school nurse determines the needs based on data from various sources.

**Reviewer Comments:**

Due to increased federal and state monitoring requirements, a comprehensive response is required. Please provide specific physical activity and nutrition professional development goals based on the school's need. Provide specific activities/details of how the school will meet each requirement of the goal. Requirements can be viewed by clicking the yellow hint button.

EKG

**Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?**

Activity	Person Responsible	Timeline

**Description**

**Reviewer Comments:**

**Reviewer Response:**

**Reviewer Comments:**