

AR
 JUNCTION CITY ELEM SCHOOL (Junction City School District)
 P.O. BOX 790
 JUNCTION CITY AR 71749
 870-924-4578

Health and Wellness School Improvement Priority

Hint

Section I: School Information

School Name:	Junction City Elementary School
School LEA Number:	7003027

School Year: 2017-2018

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	Junc473102
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Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/> The school can verify the analysis of the School Level Body Mass Index screening data conclusions.
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Description/Conclusion		
Grade	Males	Females

	Percent Overweight/Obese	Percent Overweight/Obese
K	48.1	50
2	50	35.7
4	56	NA
6	42.9	42.9

Slightly over half of the males screened were either overweight or obese in grades K, 2, 4, 6. An average of slightly less than half of the females screened were overweight or obese. Grade 4 females did not have data reported. This data is from the 2016-2017 BMI assessments.

The school will review, modify and strive to attain health and wellness goals in order to reduce the overweight/obesity problem.

Other health and wellness related data (Optional)

Description/Conclusion

Reviewer Comments:

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
 - The LEA will ensure that the district policy is in compliance with state and federal mandates.
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Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {Requirements: see 1 required activity.}

Goal 1 Measurable Objective

Junction City Elementary will provide coordination and support to create a healthy nutrition environment for students by analyzing data from BMI, SHI, stakeholder surveys, and other sources.

Goal 1

Activity	Person Responsible	Timeline
Ensure that all students served by the LEA receive grade-appropriate nutrition education. Evidence of goal will be recorded in grade level lesson plans	Teresa Matochik	2017-2018

submitted to the principal weekly. My Plate Education is utilized to teach nutrition in grades K-6. The science teachers are responsible for teaching health/wellness/nutrition frameworks.		
The district health and wellness committee will meet each quarter to review menus to ensure healthy choices are being marketed. Evidence will be in the agenda, minutes, and sign in sheets of the district health and wellness coordinator's binder in addition to food services documentation.	Donna McLelland	2017-2018
Ensure district wellness policy is in compliance with federal and state laws. District policies are reviewed annually in the spring and revised as necessary to be in compliance with federal and state laws. If policy revision is necessary, the committee will make recommendations to the superintendent who makes recommendations to the Board of Directors. The Board shall be responsible for adopting new/revised policies as needed.	William R. Lowe	2017-2018
Health and wellness goals are reviewed, assessed, and revised annually to meet the needs of the students we serve. The school level committee begins the on-going progress monitoring of goal completion in the fall. In the spring the district committee evaluates each school's program and provides the school with appropriate feedback for improving the plan. Stakeholder surveys are administered and data is collected. SHI is completed by the school level team. Data is used to drive decisions for improving the plan. The school health and wellness committee will compare their plan to other local school plans and share the information with the district health and wellness committee in the spring as a component of the annual plan assessment.	Jerry Stegall Michelle Doolin Rebekah West	2017-2018
Health Service Program is provided to all students. BMI is completed on K, 2, 4, 6, 8, and 10th grade students. Medication is administered as per school policy. Other medical screenings such as but not limited to hearing, vision, and so forth are administered as needed/required. Flu shot clinic is held annually. Other health and wellness needs are taken care of prn.	Michelle Doolin	2017-2018
4th grade tomato project and other nutrition programs provided through Union County Extension Office, USDA website utilized to order free nutrition information to send to parents (English or Spanish). Nutrition posters posted. Menus and lunch applications posted via school website. Facebook, twitter and the school website are used to share information regarding health and wellness resources to promote parent and family engagement regarding health and wellness. School has an open campus, so playgrounds may be used for stakeholder recreation after school hours.	Jerry Stegall Teresa Matochik	2017-2018

Reviewer Comments:

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {Requirements: see 2 required activities.}

Goal 2 Measurable Objective

The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students in order to decrease the number of overweight/obese students in the school.

Goal 2

Activity	Person Responsible	Timeline
Ensure that minimum levels of physical education and physical activity are being provided. Evidence is provided in the master schedule. The required PE and physical activity time are provided consistently. The PE teacher documents PE standards in weekly lesson plans and submits to the principal weekly.	Teresa Matochik	2017-2018
Ensure that physical activity is implemented across the curriculum for all grade levels. Evidence is documented in lesson plans by all teachers. Lesson plans are submitted weekly to the building principal. Kinesthetic learning is used across the curriculum to meet the needs of students with this type of learning modality.	Teresa Matochik	2017-2018
Use BMI data from 2016-2017 to compare with 2018-2018 data to determine progress towards reducing childhood obesity.	Michelle Doolin	2017-2018
Teachers will use resources such as but not limited to GoNoodle in the classroom for transition times and/or brain breaks to ensure students are physically active throughout the school day and across the curriculum.	Classroom Teachers	2017-2018
Extra physical activity time above and beyond the standards is used as a reward for student success as determined by the building principal and/or designee. K-6 Hoops/Jump ropes for Heart, 4th grade tomato project, Field Day in the spring, programs provided through Union County Extension Office, Monthly presentations teaching the placement and function of bones and muscles in the body. Each month the PE teacher will introduce a new "non-traditional" sports each month to improve locomotor skills for grades K-2. SPARK curriculum used in grades K-6 PE. Community based youth programs use the school districts grounds for practicing and playing football, basketball, softball, and baseball. The K-6 students have an opportunity to participate in pep rallies and cheerleading activities during Homecoming. Students have the opportunity to walk in the Homecoming parade.	Jerry Stegall Teresa Matochik	2017-2018

Reviewer Comments:

Goal 3: How will the LEA provide professional development for school staff on nutrition and physical activity? {Requirements: see 1 required activity.}

Goal 3 Measurable Objective

The LEA will provide professional development for school staff on nutrition and physical activity annually.

Goal 3

Activity	Person Responsible	Timeline
Provide professional development for staff that includes nutrition and physical activity. Ellen Garrett, ADH, will present in September 2017 a health and wellness training for K-12 employees.	Rebekah West	2017-2018
The building principal provides staff development in August to provide teachers with the Arkansas frameworks and ADE rules for health, PE, and physical activity	Teresa Matochik	2017-2018
Administration encourages teachers to attend professional development.	Teresa Matochik	2017-2018
My Plate Education and other health and wellness related materials are provided to the faculty and staff. Faculty and staff are aware of the free resources and tools available through the USDA website.	Jerry Stegall	2017-2018
Child Abuse and Maltreatment training was provided in September by Ellen Garrett.	Rebekah West	2017-2018

Reviewer Comments:

Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

Reviewer Comments: